

COMPASSION

Read two passages from *The Healer*, pages 13 and 117.

Let's Get Acquainted

Tell us a story about a time when someone showed you compassion.

What happened? How were you involved? What was the outcome?

Let's Talk About It

From your perspective, what constitutes true compassion? Sending a card, making a phone call, sending a text, preparing a meal, providing transportation, sitting for hours at a bedside, donating a kidney?

What is the difference between obligation and compassion? If one is compelled to provide an unrequited or uncompensated service, is it still compassion?

Does motive matter when it comes to compassion? If done for personal notoriety, or as payback for a compassionate service rendered on one's own behalf, or if the service rendered is incomplete or inadequate, is it really compassion?

How can I become more sensitive to the needs of others, and show genuine compassion more consistently?

Prayer

Lord God of Compassion, give me eyes to see the needs of those around me, a compassionate spirit, a willingness to serve, and a heart to share.